



The labyrinth at the Heidel House Resort & Spa.

## Relax and Renew

From day spas to getaway spas to those that specialize in aesthetic medical services, the Milwaukee area has much to offer. **BY JEFF KARZEN**

**The Milwaukee area** has an impressive variety of spa services for those who need a relaxing break. From massages and pedicures to cosmetic procedures like Botox and microdermabrasion, residents can find a wide array of spa experiences to enjoy. Although no one will confuse Milwaukee with fashion capitals like New York or Paris, our area does boast an impressive number of places to treat yourself and your loved ones to some fun-filled relaxation.

In addition to Milwaukee-area destinations, there are resort spas in other parts of the state that are equally appealing. While the family is out running around a resort for a weekend getaway, it might be wise to hang back and take in the trappings of a stress-relieving spa experience. You'll be well-rested and feeling great when it's time to tackle the rest of the day.

### DAY SPAS

#### NEROLI SALON & SPA

Neroli has been featured in several magazines over the years and has received *Salon Today* magazine's "Salon Today 200" nod eight times. In the 2011 edition of the awards, Neroli was honored for customer service, advanced education and growth. According to the magazine, the salon has more than 200 employees, and the average cost of a haircut and style is \$44. Founded in 1993, Neroli offers services in hair, nails, skin care, massage, yoga and spa packages.

*East Side: 1919 E. Kenilworth Pl.;  
Downtown: 325 E. Chicago St.;  
Brookfield: 3885 N. Brookfield Rd.;  
Glendale: 5714 N. Bayshore Dr., 414-227-2888; nerolispa.com.*

#### SIGNATURE SALON & SPA

Signature Salon & Spa offers hair services, nail services and several different spa packages featuring massages, facials, scalp/neck treatments and more. And with product lines like Redken, Bio Elements, Glo Minerals and OPI, you're assured luxe results. Signature's wide range of spa packages includes chemical exfoliation treatment (starting at \$55), hot stone massage (90 minutes for \$120), lymphatic massage (90 minutes for \$120), sugar body polish (50 minutes starting at \$75) and detoxifying mud body wrap (50 minutes starting at \$75).

*1424 Big Bend Rd., Waukesha, 262-547-6600, signaturesalonandspa.com.*

#### STUDIO 890

Owners Barbara and Nick Zeppos founded Studio 890 33 years ago with 1,000 square feet and three employees at the original Elm Grove location. Now boasting two large facilities and numerous employees, Studio 890 offers

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- Studio 890 co-owner  
Barbara Zeppos

cutting/styling, custom coloring, texturizing perms, conditioning and scalp treatments, hair extensions, hair straightening, nail care, skin care (including cosmetics and luscious lashes), hair removal and massage. The salon also features an aesthetician in Brookfield certified in Dr. Hauschka skincare and makeup, an all-natural product line. "We offer a great environment and highly trained aestheticians," Barbara Zeppos says. "I walk in the salon, and I still see some of our original clients."

*Elm Grove: 890 Elm Grove Rd., 262-785-2890; Brookfield: 18900 Bluemound Rd., 262-785-2899; The Art of Hair: 18000 Bluemound Rd., 262-785-2888; studio890.com.*

# Stark and Sophisticated

November calls for cold-weather staples that are perfect for layering and creating figure-enhancing silhouettes.



**1.** Marigold dress by Green Dragon, \$129; multistone brass belt by Bali and Soul, \$69; brass ring by Mon Bijou, \$45; tri-metal cuff by Bali and Soul, \$29; brass and pyrite stone earrings by Juliet Jewelry, \$69; Rango black suede booties by Madeline Stuart, \$69; all available at **Unique in Delafield**. Model: Laura Borchardt. **2.** Taupe blazer by Kristin Miles, \$99; black leggings by Swak, \$25; tortoise shell necklace, \$59; tortoise shell bracelet, \$29; all available at **Boutique Larrieux**. Model: Teslyn Butler. **3.** Faux fur riding jacket by Sara Campbell, \$344; skinny knit black pants by Estelle & Finn, \$158; Alexia necklace by Lynne Curtin, \$188; Greek cross multistrand necklace by Lynne Curtin, \$178; faux fur hobo black bag by Sondra Roberts, \$110; all available at **Boutique B'lou**. Model: Sarabeth Linenfelser // **Hair and makeup by Betsie Rathkamp and Erika Campbell, Signature Salon Spa**

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